

# The 16th Annual Lisa Wade 5K Run / 9th Annual Corey's Course

## Saturday, July 9th, 2016 presented by The Queen City Striders

### Time and Place

The 16th Annual Lisa Wade Memorial 5-K Run, 1.5 mile Fun Run/Walk and "Corey's Course" will be held on Saturday, July 9th, beginning at 8:30am in Westernport, MD

### Fun Run / Walk

A 1.5 mile fun run / walk through the town will coincide with event.

**Corey's Course** is an event that is free for children 10 and younger. This event will begin at 9:30 and is a dash around the park. Parents must register child by completing form.

### Registration

Entrants should pre-register by mail prior to the July 4th deadline. Fee is \$16.00. Checks should be made payable to: The Georges Creek Soccer Club. Entries postmarked after 7/4 will be charged \$20.00. Race day registration will be held from 7:00 to 8:15 at the pavilion at Creekside Park.



**\*\*\*Early Sign-up Special for Families\*\*\***  
**2 for \$28.00—3 for \$43.00—4 for \$58.00**  
**5 for \$72.00—Over 6—\$90.00**

### General Information

Splits will be given at 1 and 2 miles. Water will be available along the course. Water and soft drinks along with other *liquid refreshments* will be available at the finish at Creekside Park

### Awards

All Registered runners will receive a beautifully designed t-shirt. Mugs will be presented to the top 3 finishers in each age division. The top male and female overall winner will receive a Jacket along with a special gift.

### Age Groups;

Runners will compete in the following age classifications.

|             | Men/ Women |           |
|-------------|------------|-----------|
| 9 and under | 25-29      | 45-49     |
| 10-14       | 30-34      | 50-54     |
| 15-19       | 35-39      | 55-59     |
| 20-24       | 40-44      | 60-70     |
|             |            | 70 and up |

### After the Race

After the awards are presented there will be refreshments available. There will also be a drawing for some very nice door prizes, and you must be present to win.

### Course

The race will begin on Rt. 36 approximately 100 yards from the Westernport American Legion and Creekside Park. The course will continue across the iron bridge from Waverly Street over to Main Street and through the town of Westernport. From Westernport the race will proceed along Rt.36 north to Franklin. At Franklin the course follows old Rt. 36 south, back to Westernport and Creekside Park.



### Course Records

**Jaron Hawkins(2008-15:15), Jennifer Davis(2010-17:33)Masters;Dennis Mickey(2009-17:07), Heather Bury(2015-19:16)**

**\*\*\*\$100.00 will be awarded to any course record that is broken. Jackpot will grow by \$50.00 each year until new course record is established. 2013 will pay: (\$350.00 Male Masters )(\$150.00 Female Masters) (\$400.00 Male Overall) record breakers. and \$300.00 for overall female winner.\*\*\* \$500.00 will be the maximum payout.**

## Lisa Wade 5K Run / Corey's Course

Name (Please Print) \_\_\_\_\_

Age \_\_\_\_\_ 5-K Run \_\_\_\_\_ 1.5 Mile Fun Run \_\_\_\_\_ Corey's Course (dash around the park) \_\_\_\_\_

Address \_\_\_\_\_ Sex M F

City, State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone # \_\_\_\_\_ Shirt Size—Short Sleeve \_\_\_\_\_ Sleeveless \_\_\_\_\_ S M L XL XXL (add \$2.00)

\*Shirts are available in short sleeve & sleeveless. Pre-register to assure your size and style choice. On race day size/style available On a first come basis.

Youth Sizes (Short Sleeve Only) S(4-6) M(10-12) L(14-16) Limited Availability

### Waiver of Liability

I hereby release from liability The Georges Creek Soccer Club and The Town Of Westernport, all sponsors, race officials, and anyone connected in anyway with The 2016 Lisa Wade Memorial 5-K Run for any injury or ailment resulting from my participation in the above stated race. I further state that I am aware this race is a strenuous activity, and that I have prepared properly for my participation in it.

Entry fee is \$16.00. Entry Fee is \$20.00 if not postmarked by July 4th, 2016. Make checks payable to; The Georges Creek Soccer Club, C/O Steve Amann, 483 Walnut St. Westernport, Maryland, 21562

Phone: 301-359-0042  
 Cell: 301-707-9641

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 Signature of runner or parent if runner is under 18 years of age.