

7th Annual Race Up The Face

World's Hardest 400 Meter Run/Walk/Crawl

(What the heck; just survive!)

WISP Resort, McHenry, MD
Sunday, June 26, 2016 at 5:00 PM



**WISP RESORT
 SKI PATROL**



Just for the fun of it!
Presented by: Garrett Trails & WISP Ski Patrol

Course: 400 Meter length with a 124 meter (407 ft.) ascent UP The Face (a black diamond ski trail)

Awards: The fastest male and female finishers
 The fastest male and female runners over 50
 Oldest and youngest participants

Awards consist of A Garrett Trails Mug, a ticket to attend "A Taste of Garrett" and bragging rights for the rest of their lives.

Registration: \$20.00 if pre-registered by June 15, 2016 (Make Checks Payable to "Garrett Trails")
 \$25 registration after June 16 and the day of the event.

Participants who collect pledges for Garrett Trails receive the following gifts:

\$25 level = one free admission to the "Taste of Garrett" that begins at 5 pm.

\$50 level = one free admission to the "Taste of Garrett" & Garrett Trails "Swag"

\$100 level = two free admissions to the "Taste of Garrett" & Garrett Trails "Swag"

The competitor raising the most funds receives a \$75 gift certificate for dinner at *Savage River Lodge*.

The competitor raising the 2nd most funds receives a *High Mountain Sports* Gift Card.

The competitor raising the 3rd most funds receives a free rafting pass for *ASCI*.

All participants finishing the race, forever have bragging rights for completing the World's Hardest 400 Meter Race and receive a 2016 Race Up the Face bumper sticker.

(Please complete, sign & return bottom portion with fee) to Larry Smith, P.O. Box 62, McHenry, MD 21541

REGISTRATION FORM – PLEASE PRINT

Name: _____ Age on 6/26/2016 _____ Sex: Male _____ Female _____

Address: _____
STREET CITY STATE ZIP CODE

Email address: _____

Register online at: <http://garrettcountygranfondo.org/store.htm>

For and in consideration of my participation in the Race Up the Face and other valuable consideration, receipt of which is hereby acknowledged. I do hereby agree, on behalf of myself, my heirs, executor, administrator and assigns, to indemnify, release and forever discharge the organizing committee, Garrett Trails, The WISP, Queen City Striders and all sponsors; their officers, servants, agents and employees of said organizations and volunteers associated with Garrett Trails, jointly and severally, and to hold and save harmless from and against any and all actions, claims, demands, judgments, liabilities, suits, loss, damage, or expense of whatever nature, including attorney fees, whatsoever in case of any death or personal injury, which may at any time be incurred by reason of my participation in or preparation (before and after) the aforesaid competition. I acknowledge that I am physically capable of participating in this event. Furthermore, I do hereby consent to the use of my name and/or photograph in connection with publicity about the race. Persons with a physical disability, a history of heart disease or any other health concerns that would limit strenuous activity should not participate in this activity.

X _____

Signature of Participant
 Guardian (If under 18)

X _____

Signature of Parent/
 Guardian



SUPPORTERS
 Garrett College
 Savage River Lodge
 High Mountain Sports
 WISP Resort



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